



**Kenward Trust**

*transforming lives, creating new futures*



# Creating new futures

A guide on supporting Kenward Trust through a gift left in your Will



**Kenward Trust-  
transforming lives,  
creating new  
futures**

**Kenward Trust supports those affected by addiction, homelessness and crime.**

We provide a breadth of services, all with the same aim of helping support those with addiction issues to transform their lives and create new futures for themselves away from their addictions.

Our work centres upon giving people the opportunity to change their lives and reach their full potential and with a success ratio of 73% our work is successful for the vast majority of those who access it.

# How could my Will make a difference?

**Leaving a gift to Kenward Trust is a simple thing to do, but will make a huge difference to those who have been affected by addiction.**

**Our services help our residents realise a life away from addiction.**

**We help them find their independence.**

**We help them gain self-confidence.**

**We show them kindness.**

**We give them the opportunity to change their lives.**

Whatever donation you decide to leave will go directly towards ensuring our services provide the level of care our residents deserve, whether this be through one-to-one counselling, key-working or wellness workshops in our Therapeutic Gardens.



## Why make a Will?

A Will is a very important document that ensures that those who you love are provided for after your death. A Will dictates how you would like your possessions, money and property (otherwise known as your estate), to be distributed once you die. If you do not have a Will, the law decides how your estate is passed on, which means your wishes for your family or loved ones may not be carried out.

## Who can make sure my Will is valid and accurate?

We strongly recommend that you consult a solicitor, or another professional advisor to ensure that your Will is valid; they will also be able to help you make any changes you may have to an existing Will.

The Law Society offer a free service called Find a Solicitor, which can help you find someone, near you, who will be able to advise you on how to write, or amend, your Will.

Visit [solicitors.lawsociety.org.uk](https://solicitors.lawsociety.org.uk) or call **020 7320 5757** (local rates apply) to find out more.

## What about Inheritance Tax?

Your beneficiaries will need to pay Inheritance Tax if your estate is over a certain value; in this case, 40% will be taken from the portion of your estate that is over the threshold. Gifts to charities are exempt from Inheritance Tax and the value of your estate is calculated after the value of gifts like these are deducted.

More information is available on the HMRC website:

<https://www.gov.uk/inheritance-tax>

## What if I already have a Will?

If you already have a Will, you can add a codicil, which is a document which alters a part of your Will whilst keeping the rest intact. If this is something that you would be interested in, we very much recommend consulting with a solicitor, and ensure that if you do add a codicil, to store it alongside your Will.

**Once your Will is made, make sure it is kept up-to-date with the changes in your life.**

# Steve's Story



“

When I found drugs, which was quite young (17/18), I mean not as young as I hear them now you know, but for me it was fairly young. It just took away that conscience. I didn't worry about what I had done, I didn't really give it much thought, it just enabled me to carry on and then as I found more powerful drugs, stronger drugs, the things I could do got worse. I mean I have thought about this a lot, I think something that stops pain, which is quite a strong emotion, is most likely going to stop all the rest. I would feel numb, I was numb so never really could express love, happiness... i was just boring. It got to the point where I would have been quite happy to have not woken up in the morning and I had never known that before. All of a sudden I am in the car and I am coming here (to Kenward Trust).

*Wait, are you sure I need that? It is ever such a long time, 3 months. I am sure I don't need that.*

I get here and of course I needed it, I needed longer really. The work started because the longer I stayed drink and drug free the more I began to understand how crazy my thought processes were. I realised that all I had ever done for most of my adult life was what I wanted to do, it was all about me and it is not very nice to live life like that is it? What can I get out of this?

I am blessed to still be here alive, to have my son in my life, my daughter, I've got my mum living with me, she's got dementia, I've got a load of people that work for me on the bar.

**Seek help, it's a good life, you know it all seems so frightening, it's like it's the fear of who am I? What am I going to be without that? What am I going to be without drink or drugs, you know you wait and see.**

”

# What kind of gift can I leave to Kenward Trust?

There are 3 types of gift you can make in a Will:

1. **Residuary** - A share in, or all of, what is left of the value of your estate after your family and friends are taken care of.
2. **Pecuniary** - A specific sum of money.
3. **Specific** - An item such as a piece of jewellery or some art.

The advantage of a residuary gift is that it stays the same as you will not need to change your Will to keep up with inflation.

*"We can't thank you enough for everything you have done... he has been so lucky to have had all his wonderful treatment with you"*



# **Potential legacy clause wording**

**If you were to choose to leave a Gift to Kenward Trust, here is some suggested legacy clause wording that may be helpful:**

## **Residuary:**

- i) I give \_\_\_\_\_ share of my real and personal property not hereby or by any codicil hereto specifically disposed of after payments of my debts, pecuniary and specific legacies, funeral and administrative expenses and any taxes in respect to my estate to Kenward Trust of Kenward Road, Yalding, Kent, ME18 6AH, registered charity number 1146481.
- ii) I direct the receipt of the duly authorised officer of Kenward Trust shall be a sufficient discharge for my Executor/ Trustees.

## **Pecuniary:**

- i) I give the sum of £\_\_\_\_\_ (pounds) free of tax to Kenward Trust or Kenward Road, Yalding, Kent, ME18 6AH, registered charity number 1146481.
- ii) I direct the receipt of the duly authorised officer of Kenward Trust shall be a sufficient discharge for my Executor/ Trustees.

## **Specific:**

- i) I give my \_\_\_\_\_ (short description of property given) free of tax to Kenward Trust, of Kenward Road, Yalding, Kent, ME18 6AH, registered charity number 1146481.
- ii) I direct the receipt of the duly authorised officer of Kenward Trust shall be a sufficient discharge for my Executor/ Trustees.

**Please do remember to use the full details of Kenward Trust if you choose to leave a gift to us in your Will:  
Kenward Trust of Kenward Road, Yalding, Kent, ME18 6AH, registered charity number 1146481.**

**Please let us know if you do leave us a gift in your will so we can thank you properly!**

# Les's Story



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My mother committed suicide when I was 18 months old because she had the disease of alcoholism, I didn't meet my mother. It's in my family, my uncle, my grandfather.

I was never comfortable as a child. I was very ungrateful, if I wanted something, when I got it I didn't like it, I wanted something else I was very restless. I always felt different, I was insecure, I didn't make friends easily. Then, I found alcohol to begin with. I left home when I was 13 because of the stuff that was going on in the family home and I stumbled across heroin, I didn't even know what it was, but I wanted some. I committed robberies to fund the drug habit, crime to fund it. Everything was done either under the influence, or to fund the drug habit.

This (Kenward Trust) is where... people were kind to me, caring, people showed me love. I didn't know what they were- I really didn't- and it really felt awkward to begin with, I didn't like it. But over the time my layers came away, my barriers came down and ... I walked a path to where I am today. Through that was the beginning of my journey. It was a very difficult, process but it is the best thing I've ever done.

People say any fear is unhealthy to an addict, but that is not how I see it. I think that's a healthy fear. I shudder when I think about a drink, it gives me a shudder, I hate it and heroin the same thing, I shudder because I know what will happen. I get emotional when I think about what Kenward's done for me. It gave me what I've got, my head is at peace today.

**Nobody should give up hope, you should always have hope never give up. There is a way out and you can see it with your own eyes, it's not something that somebody says to you, you can actually see it, the proof is there.**

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# Frequently Asked Questions

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## Do I need a solicitor?

We would strongly advise that you do consult with a solicitor if you would like to make or change a Will. A solicitor will give you the peace of mind that your wishes will be respected and ensure that the Will is legally correct so your estate is distributed exactly as you would like.

## I want to take care of my loved ones, can I still leave a gift?

Absolutely, even the smallest donation will make a difference in helping us continue providing our life changing work.

## How much should I gift?

Any amount you would be able to give would be incredibly valuable to helping our life changing work. Before making any gift it may be worth drawing up a list of your assets, including any outstanding debts you may have, to make sure your estate gets divided between the people and causes you care about.

## What is an Executor?

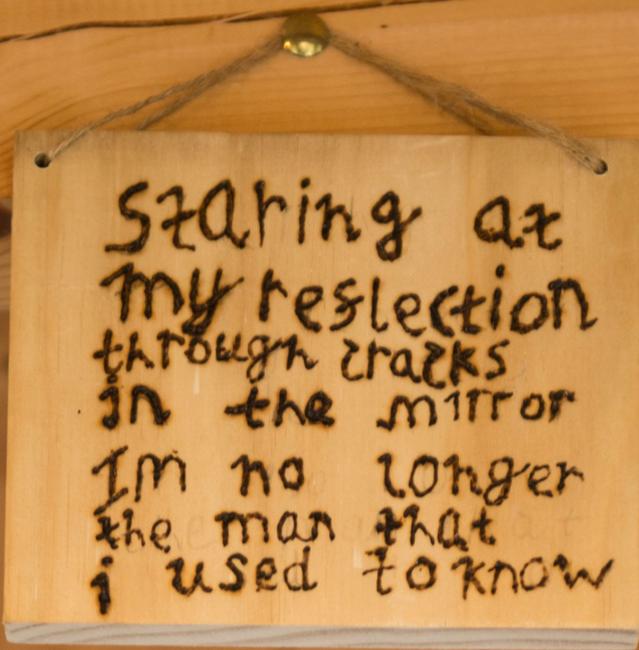
An executor is a person you choose to ensure that the wishes in your will are adhered to. An executor can involve quite a lot of responsibility, so think carefully about who you choose and make sure they know what is involved in the role.

## I already have a Will, how do I add a codicil?

Talk to your solicitor in order to add a codicil to your Will. Make sure when you make one to keep it safe, and with your Will.

## Can I change my mind?

Yes of course. You can change your mind, and change your will at any time.



Staring at  
my reflection  
through cracks  
in the mirror  
I'm no longer  
the man that  
I used to know

## Help us keep transforming lives

If you would like to talk to one of our team about leaving a legacy to Kenward Trust, and helping us create new futures for those in need, contact us on:

**[reception@kenwardtrust.org.uk](mailto:reception@kenwardtrust.org.uk)**

**01622 814187**

**or visit [kenwardtrust.org.uk](http://kenwardtrust.org.uk)**

From everyone at Kenward Trust- **thank you.**



**Kenward Trust**  
**Kenward Road**  
**Yalding**  
**ME18 6AH**

**t. 01622 814187**

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**@kenwardtrust**

**Registered charity no. 1146481.**  
**Registered in England no. 07931728**