

Volunteer Role Description

Role Title:

Therapeutic Gardens & Workshops volunteer

Reporting To:

TGW Lead

Location:

TGW Workshops, Kenward Trust, Yalding

Time Commitment:

At least half a day per week (Tuesday/Wednesday/Thursday)

Principal Function:

To work alongside our residents and support our gardening or arts & crafts sessions.

Activities could include some of the following:

- helping with propagation and maintenance of plant nursery
- working in vegetable garden
- preparing plants for selling in Kenward Place shop
- helping out with general tasks in the art areas
- helping residents settle into art sessions
- encouraging residents to develop their arts and craft skills, supporting them in the creation of their projects and assisting them to brainstorm and use their own initiative

Desirable skills/qualities:

- enthusiasm
- positive attitude
- interest in personal growth
- team player
- patience
- compassion
- Some understanding of the nature of our work with vulnerable adults / boundaries / confidentiality (although full induction and training will be given);