

# KENWARD THERAPEUTIC COMMUNITY



*Saving lives for 50 years*

**Kenward Trust**   
transforming lives, creating new futures

# KENWARD THERAPEUTIC COMMUNITY

Kenward Therapeutic Community is a residential drug and alcohol recovery project offering a supported residential environment for men and women.

We deliver a therapeutic programme incorporating recovery focussed group work, counselling/art psychotherapy, social enterprise and education sessions.

The project team is highly skilled and experienced at supporting individuals through the delicate and challenging process of change, within a safe and supported environment.

Residents are encouraged to take responsibility for their own emotions and behaviours and, through group working positively and pragmatically address former addictive behaviours and life styles.



*“With support I have found my feet within society again. I feel positive about the future ahead.”*



# KENWARD HOUSE



The Kenward Trust is situated in the heart of the Kent countryside and houses both a male and female project.

Residents of both projects work together through the duration of treatment, then return to their own single sex projects in the evenings.

Our treatment typically lasts between 12-24 weeks, however we can offer a completely bespoke programme to suit the needs of the individual, this can range from duration, to a tailor made programme.

Each resident has a designated key worker appointed prior to their arrival, who will work with the them throughout their treatment.

*A safe and nurturing environment away from the distraction of everyday life*



For more information about our Therapeutic community service, please call:  
**01622 812603** or email [admissions@kenwardtrust.org.uk](mailto:admissions@kenwardtrust.org.uk)

# SOCIAL ENTERPRISE



Social Enterprise is a large part of our recovery programme, offering residents a variety of activities to choose from.

These activities can range from working within our onsite **Sage & Time Café**, or helping to maintain our beautiful gardens, through to joining our furniture restoration team.



If you enjoy being creative, we also have a designated **Arts and Crafts Workshop** producing a variety of interesting and quirky products. These are then sold to the public that visit our retail outlet.



A popular part of our social enterprise programme involves looking after our **Friendly Resident Alpacas**, ducks and other animals. Many of our residents thoroughly enjoy working with these animals during their stay with us.

The Social Enterprise programme is continuously expanding with residents at the forefront of setting up new workshops.



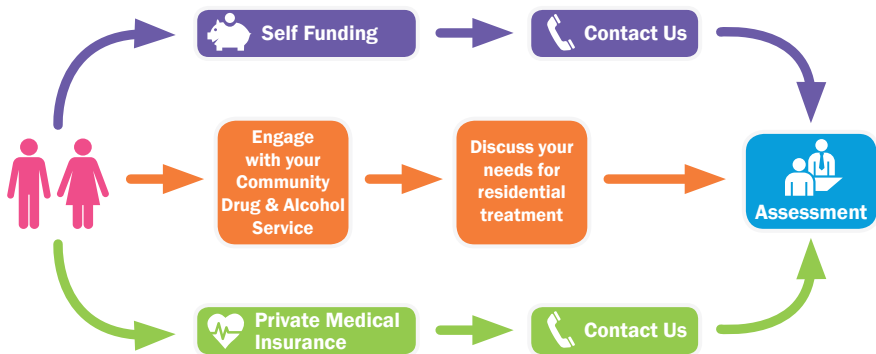
# ACCESS TO SERVICES & FUNDING

There are several routes for admissions/funding to get into our programme...

**Referral** from your local substance misuse agency. Details of the agency will be available from your county council and you will need to get in touch with them for an assessment and advice on the best recovery plan for you. Your keyworker will then discuss with you if a particular project is suitable. How long a programme you would need and whether they can fund it for you, as they may certain criteria. Feel free to call us for a discussion on this and if you need any advice.

**Self-funding.** If you are able to pay for the cost of your stay, please contact us directly, as this route will be a lot faster for you. We can also discuss the most appropriate recovery plan to meet your personal needs and goals.

**Private health care.** We also accept people through private health care, so if this is the case for you please get in touch with your provider and then contact us directly so we can assess your needs and point you in the right direction.



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# PROJECT MOVE ON

Kenward Trust has several houses as part of the Resettlement Project, for people who are abstinent and have completed at least 6 months in a suitable recovery programme.

Supported accommodation helps sustain recovery and reintegration into the community. Length of stay is generally up to 2 years. We offer regular support through key working and weekly house meetings with the project manager. We help with daily living skills, accessing training or volunteering opportunities and signposting to our agencies.

Each property has 4-5 single bedrooms. Most are located within close proximity to town centres, with easy access to local services including those relevant to our client's recovery such as AA/NA meetings. Our supported housing sites are abstinence based and this is a strict condition of tenancy.



## We address the 7 pathways...

- Accommodation Support
- Education, Training & Employment
- Health & Wellbeing
- Drugs & Alcohol
- Finance, Benefits & Debts
- Children & Families
- Attitudes, Thinking & Behaviour



# KENWARD IN THE COMMUNITY

Kenward in the Community is a preventative, early intervention and outreach focused substance misuse service which comprises of the following:



## Kenward Intervention Programme

Engaging with young people, in the age range of 12-24, this programme raises awareness of the issues and potential consequences of substance dependency.

Young people are referred through different avenues, but it is particularly relevant for those at risk of exclusion from school or entering the criminal justice system for the first time due to drug or alcohol use and/or those who have dropped out of other (treatment) services or failed to engage.



## ABS Hotspot Response

A highly flexible and responsive local service, delivering a targeted intervention in the evenings and weekends when required. We respond to alerts of anti-social behaviour, community safety concerns where drug and alcohol misuse is considered a factor.

Outreach workers and volunteers engage with young people and other groups to provide advice, support and to raise awareness of the risks of substance misuse for the individual, family and friends.



## Think Differently

Our secondary school drug and alcohol education programme updates young people and answers questions on the potential life changing consequences of drug, substance and alcohol misuse, dependency and anti-social behaviour. This is a free of charge service available to all secondary schools in Kent and Medway.

To find out more about Think Differently visit [thinkdifferentlykent.co.uk](http://thinkdifferentlykent.co.uk)

For more information about Kenward Trust services, please call:

**01622 814187** or email [enquiry@kenwardtrust.org.uk](mailto:enquiry@kenwardtrust.org.uk)

# OTHER SERVICES

## RESET



A Big Lottery Funded support service that assigns volunteer mentors to work within Kent and Medway prisons or approved hostels: supporting ex-offenders who will be resettling within the area.

Every individual's experience of release is unique and so we aim to provide a service reflecting the challenges they face during reintegration into the community. We work in partnership with existing agencies to help offenders and ex-offenders become valued members of society.

To find out more visit [kenwardreset.co.uk](http://kenwardreset.co.uk) or call Steve on **07475 521854**

## Kenward Trust



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