

KENWARD TRUST – STATEMENT OF PURPOSE

Kenward Trust provides residential treatment for men and women with substance misuse issues, including those with co-existing substance misuse and mental health problems. Kenward Trust also provides move on, supported accommodation for men and women who have completed first stage treatment, in 5 locations across Kent and East Sussex.

Kenward Community is registered as Kenward House for our first stage projects. We have separate accommodation for men and women on the same site in Yalding. Kenward House / Invicta House can accommodate up to 24 men and Naomi House (previously known as “The Barn” when it was a men’s project) can house up to 11 women.

We take a person-centred approach to care delivery and are able to tailor our programmes to suit the needs of the individual. This includes providing a shorter or longer programme than the standard 12 to 24 weeks if required.

Our programmes provide a long stay option of 12 to 24 weeks. The first 12 weeks include an induction and orientation element and a structured programme which includes: group therapy facilitated by qualified and experienced therapists and one to one key working using a whole person approach considering with the service user all aspects of recovery and resettlement including finance, housing, relationships, health and well-being, attitudes and behaviour, education, training and employment, social and leisure activities.

In addition to the structured programmes, Kenward Trust has a range of social enterprise projects which offer clients the opportunity to develop new skills alongside other residents and volunteers in such activities as horticulture, wood crafts, catering and hospitality services. This builds self-confidence, self-esteem and achieves social bridging and the creation of social capital.

Peer involvement is key within the programme. All residents are allocated a peer support on arrival and we have active peer and senior peer involvement in many aspects of the programme and day to day activities around the project. There are peer led groups and activities and we regularly have ex-residents returning to share their recovery journey.

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