



“I thought I knew a lot about drugs and alcohol until I came on this course.”

SEBA (South East Baptist Association)

## Training

### Drug & Alcohol Awareness and Life Skills Training

#### Conference Centre

For details on our conference centre, please see the leaflet or have a look at our website.

#### Bookings and enquiries

For more details or to discuss your training needs or costs, please contact us at Head Office.

 Find us on facebook:  
[www.facebook.com/KenwardTrust](https://www.facebook.com/KenwardTrust)

 Follow us on Twitter:  
[@kenwardtrust](https://twitter.com/kenwardtrust)

Kenward Trust – Head Office,  
Kenward Road, Yalding, Kent, ME18 6AH

**Tel:** 01622 814 187

**Fax:** 01622 815 805

**Email:** [enquiry@kenwardtrust.org.uk](mailto:enquiry@kenwardtrust.org.uk)

[www.kenwardtrust.org.uk](http://www.kenwardtrust.org.uk)

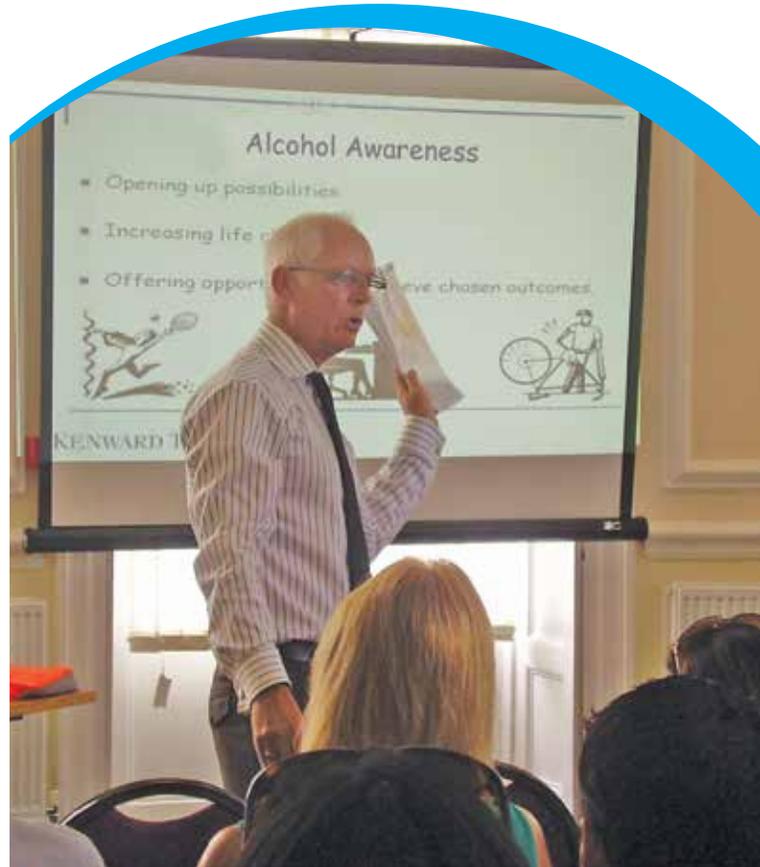


## Kenward Trust

transforming lives, creating new futures

Registered charity no. 1146481 Registered in England no. 7931728

03/13





We offer drug and alcohol awareness training and information events to a wide range of organisations, such as large employers and churches, to help front line people identify potential mis-use issues so they can provide and/or suggest help.

We also offer training in a range of life skills and can provide other related training courses, tailored to meet your needs.

Below are some examples.



We can deliver training at your premises or at our conference centre in Yalding, near Maidstone in Kent, which is featured in the pictures above.

## **Alcohol Awareness 1 day course**

A one day course exploring the issues around alcohol use and abuse, dispelling myths and highlighting the facts.

## **Alcohol Awareness 2 day course**

A two day course exploring the issues around alcohol use and abuse, dispelling myths and highlighting the facts.

Exploring treatment options and methods of Brief Interventions to begin the process of initiating changes.

## **Drug and Alcohol Awareness**

A one day course exploring the cause and effect of legal and illegal drug use and how they can impact on the individual, including physical and psychological damage and signs and symptoms.

## **Advanced Drug and Alcohol Awareness**

This one day course covers the signs and symptoms, what is addiction, brief interventions, the ITEP model, and relapse prevention.

## **ITEP (International Treatment Effectiveness Programme)**

A two day course looking at how 'mapping' can be used in all treatment options and giving evidence based examples of practitioners' work.

## **Bereavement and Loss**

A one day course exploring issues of death and bereavement within contemporary society, particularly the impact of loss and the grieving process.

## **Managing Aggressive Behaviour**

A one day course exploring aggressive behaviour and how to prevent it from escalating.

## **Thank You**

The proceeds from our training services are re-invested in the charity to help us continue to change lives.